What's Happening

University of California San Francisco

JANUARY
FEBRUARY
1979

CHAMBER MUSIC CONCERTS

Held on Sundays in Cole Hall at 3 p.m. unless otherwise noted. General $2.50; Students & Senior Citizens $1.50; UCSF Students & Millberry Union Members — Free. For further information call 666-2019.

Jan. 14: **Howard Kadis,** lute and guitar.

Jan. 28: **Jan Gauder,** cellist.

Feb. 11: **Laurette Goldberg,** harpsichord; **Paul Hersh,** viola. 8 p.m.

Feb. 25: **James Carter,** violinist.

PERFORMANCES

Sun., Jan. 14: **Portland Dance Theatre** performing *Echo.* Tickets $4/$6. Palace of Fine Arts, 3301 Lyon St. at Bay. 8 p.m.

Thurs., Jan. 18: **Duck's Breath Mystery Theatre.** Rare comedy quintet. Millberry Union Lounge. Noon. Free.

Sat., Feb. 3: **Sonor.** A contemporary music ensemble from the University of California, San Diego. General $4; Students & Seniors $2. S.F. Conservatory of Music. 1201 Ortega at 19th Ave. 8 p.m.

Thurs., Feb. 8: **Barbary Coasters.** Jazz vocal group. Millberry Union Lounge. Noon. Free.

LECTURES

Mon., Jan. 15, 22 & 29: **The Splendor of Dresden.** Slide lecture featuring objects at the Palace of the Legion of Honor, S.F. collected by the rulers in Saxony. 301 Health Sciences West (go through Medical Sciences Lobby). Noon. Free.

Thurs., Jan. 25: **Dynamic Pathways to Health.** With Jack Schwarz. General $3.50; Students & Seniors $3. Cole Hall. 8 p.m.

FILMS

COLE HALL CINEMA

Shown in Cole Hall, Medical Sciences Building, 513 Parnassus Ave. Children under 14 $.75; UCSF Students, Millberry Union Members $1.25; General $1.75. For further information call 666-2019.

Tues., Jan. 16: **La Grande Bourgeoise.** 7 & 9 p.m.

Tues., Jan. 23: **That Obscure Object of Desire.** 7 & 9 p.m.

Fri., Jan. 26: **The Late Show.** 7 & 9 p.m.

Tues., Jan. 30: **Dear Inspector.** 7 & 9 p.m.

Fri., Feb. 2: **Blue Collar.** 7 & 9 p.m.

Tues., Feb. 6: **Lacombe, Lucien.** 7 & 9:30 p.m.

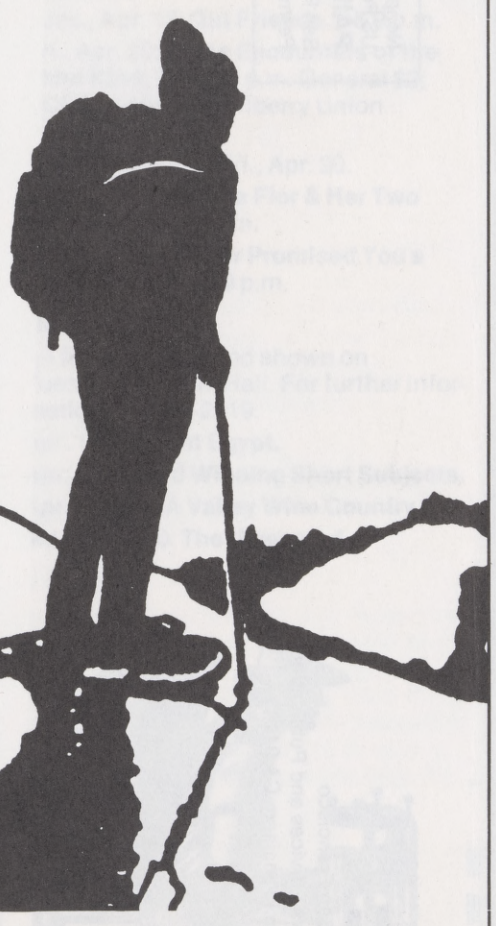
Fri. & Tues., Feb. 9 & 13: **Madame Rosa.** 7 & 9 p.m.

Fri., Feb. 16: **Equus.** 7 & 9:30 p.m.

Tues., Feb. 20: **8½.** 7 & 9:30 p.m.

Fri., Feb. 23: **Julia.** 7 & 9 p.m.

Tues., Feb. 27: **Brief Vacation.** 7 & 9 p.m.



NOON FILMS

All films are free and shown on Tuesdays in Cole Hall. For further information call 666-2019.

Jan. 16: **Mind and Hand.**

Jan. 23: **Ski Films.**

Feb. 6: **Israel: A Search for Faith.**

Feb. 13: **Award Winning Short Subjects.**

Feb. 20 & 27: **Old Age: Do Not Go Gentle.** (Shown in two parts.)

TOURS

CAMPUS TOURS

All tours are free and occur on Tuesdays at 1 p.m., Jan. 16, 23, 30, Feb. 6, 13, 20, 27. Meet in the lobby of Medical Sciences Building. For further information call 666-4394.

BROWN BAG TOURS

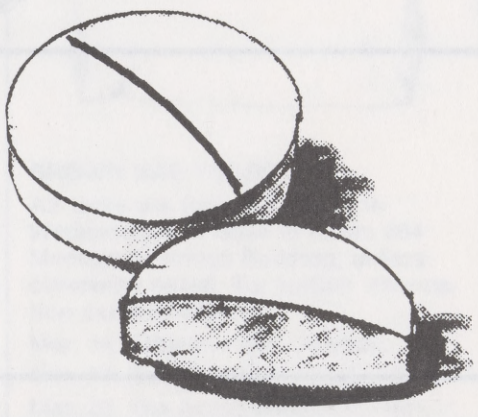
All tours are free and occur on Wednesdays at noon in Room 664 Medical Sciences Building. For further information call 666-4394.

Jan. 17: **Cancer-Producing Environmental Agents.**

Jan. 24: **Hospice Care: An Idea and a Movement.**

Jan. 31: **Hostage Negotiation.**

Feb. 7: **Junk Foods.**



Feb. 14: **Headaches.**

Feb. 21: **Man's Place in Inner Space.**

Feb. 28: **A Sound Mind — A Sound Body**

OUTDOORS UNLIMITED/ WILDERNESS EXCHANGE

Events are free except for clinics, and need one/two week's advance registration. For further information on these events and those not listed call 666-2078.

Jan. 18: **Herb Lecture/Aroma Therapy.** Herbalist Jeanne Rose. Millberry Union Faculty Club. 7 p.m.

Jan. 27: **Tidepool Trip.** Slide Ranch.

Jan. 26-28: **Whitewater Raft Trip.** Eel River.

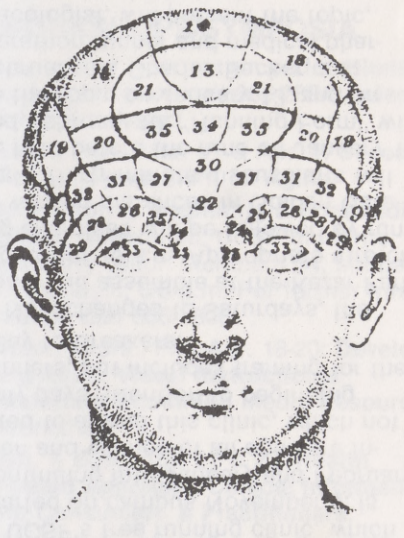
Jan. 27 & 28: **Canoe Trip.** Navarro River.

Jan. 27 & 28: **Farm Weekend.** Mendocino.

Feb. 3 & 4: **Whitewater Canoe Trip.** Rancheria Creek.

Feb. 3 & 4: **Otter, Seal, Whale Watching Trip.** Monterey.

Feb. 4: **Treasure Hunt.** San Francisco.



WORKSHOPS/SYMPOSIA

For registration information on the first two workshops call 666-2019. For the remaining symposia call 666-2894.

Sat. & Sun., Jan. 27 & 28: **Highlights on Voluntary Controls: Developing and Experiencing the Whole Person.** With Jack Schwarz. 302 Health Sciences West. Sat., 10 a.m.-9 p.m.; Sun., 10 a.m.-5 p.m.

Sat. & Sun., Jan. 13 & 14: **Lifestyles and Health.**

Sat. & Sun., Feb. 17 & 18: **Chronic Illness and Public Policy: The National Debate.**

Sat. & Sun., March 31 & April 1: **Second Annual Symposium on Aging.**

COMMUNITY HEALTH EDUCATION LECTURES

All lectures are free. Cancellations can sometimes occur. For further information call 666-2325 or 666-3022.

Thurs., Jan. 11: **Coping with the Health Care System.** St. Philips Senior Club, 725 Diamond. Noon.

Fri., Jan. 12: **Coping with the Health Care System.** Ingleside Church, 1345 Ocean Ave. 1 p.m.

Mon., Jan. 15: **First Aid.** Beth Shalome Congregation, 320-15th Ave. 11:30 a.m.

Mon., Jan. 15: **Sexual Health.** The Temple Baptist Senior Center, 3355-19th Ave. 12:30 p.m.

Tues., Jan. 16: **A Healthy Body.** Congregation Adath Israel, 1851 Noriega. 11 a.m.

Thurs., Jan. 18: **The Cost of Health Care.** Sunset Community Center, 3151 Ortega. 11:30 a.m.

Thurs., Jan. 18: **Hypertension.** 7th Ave. Presbyterian Church, 1329-7th Ave. 1 p.m.

Thurs., Feb. 1: **Hearing.** St. Philip's Senior Club, 725 Diamond. Noon.

Tues., Feb. 7: **Health Tip for Travelers.** Lincoln Park Presbyterian Church, 417-31st Ave. 12:45 p.m.

Fri., Feb. 9: **Use and Abuse of Prescribed Drugs.** Ingleside Presbyterian Church, 1345 Ocean Ave. 1 p.m.

Mon., Feb. 19: **Health Myths.** Beth Shalome Congregation, 320-15th Ave. 11:30 a.m.

Tues., Feb. 20: **Care of the Digestive Tract.** Adath Israel, 1851 Noriega. 11 a.m.

Thurs., Feb. 22: **Hearing.** Sunset Community Center, 3151 Ortega. 11:30 a.m.

Mon., Feb. 26: **Sexual Health.** Temple Baptist Senior Center, 3355-19th Ave. 12:30 p.m.

UCSF
University of California San Francisco

TO OUR NEIGHBORS

January & February, 1979, Vol. IV, No. 1

Free Running Clinic Continues

UCSF's free running clinic, which started on campus November 5, is continuing into January and February. Men and women of all ages are invited to attend this clinic, which not only pays attention to beginning runners, but includes training for the "Bay to Breakers."

Now changed to Saturdays, the clinic will assemble at the Kezar Parking Lot at 10 a.m. Appropriate stretching exercises will be followed by runs of varying distances in Golden Gate Park. Thirty minute discussions will be held before the runs on January 13 and February 10. "Running Form" will be the topic on January 13, and on February 10, Charles Becker, a marathon runner and medical pharmacologist, will present the topic, "Running and Injuries."

For further information call 666-1800.

New Arthritis Center Opens

The Arthritis Center at UCSF is a new community resource for the more than 10% of the Bay Area population who have this disease. The new Center sponsors educational programs and provides information about arthritis and the various arthritis services available in the community such as Senior Day Care, and Self-Help Groups. For further information call 666-1192.

Chamber Music Concerts

A series of chamber music concerts is being held on Sundays at 3 p.m. at UCSF in Cole Hall, in the Medical Sciences Building, 513 Parnassus Avenue. General admission is $2.50; students other than UCSF and seniors are $1.50. It is free to UCSF students and Millberry Union members.

The series includes recitals by members of the San Francisco Symphony and local and visiting artists. The performers are: Jan Gauder, cellist, January 28; Joanne Condrin, soprano, February 11; James Carter, violinist, February 25; Lorette Goldberg, harpsichordist and Dorothy Barnhouse, soprano, March 11; Amy Lozano, violinist, March 25; Wayne Roden, violist, April 29; Scott Foglesong, pianist, May 13; Ervin Mautner, violinist, May 27; David Kadarauch, cellist, June 10; The Amor Musica Chamber Players, June 24. Some recitals will be at 8 p.m. rather than 3 p.m. For those performances and any other information call 666-2019.

Self-Health Project and Fertility Clinic

A Women's Self-Health Project is underway at SFGH Medical Center, funded under a $106,000 grant from the Henry J. Kaiser Family Foundation of Palo Alto, to the UCSF Department of Obstetrics and Gynecology, which supervises medical care in the SFGH Women's Clinic. Individual counselling, group discussions, and multi-lingual audio-visual aids are features of the two-year project, whose purpose is to help women in a hospital and clinic setting gain a better understanding of their own bodies and to involve them more actively in their own health care.

Interpreters in Spanish, Cantonese and other languages are available for non-English speaking patients. Donald H. Minkler, associate professor, Obstetrics and Gynecology is project director, and Jane Meier is project coordinator. For further information or appointments, call 282-1110.

Also, the Fertility Clinic of the SFGH Family Planning Project, which helps infertile couples who want to have children, is now offering free services to eligible couples of limited means. The clinic, headed by Simon Henderson, UCSF assistant professor, Ob/Gyn, has been recognized by the State as a major center for fertility management. Therefore, Federal funds are now available through the State to reimburse couples who cannot afford to pay for these services.

Child Care Center Opens Feb. 5 — Registration Open

The UCSF Child Care and Study Center will open its doors for the first time on Monday, February 5. Providing child care for the children of campus employees, students, and the neighborhood, the Center will also give students and health care professionals an opportunity to observe and interact with well children.

The program devised by the Center will enable seniors in the community to participate in the care of children as well. At present, five community children are invited to attend. Anyone wishing more information about registering children or volunteering should call 666-4318.

UCSF Experts Assist in Survival Guide

Three UCSF experts on emergency care at SFGH were among those who assisted in compiling the Survival Guide which appears in the new San Francisco Telephone Directory. They are Donald D. Trunkey, associate professor, and acting chief, Surgery; Delmer J. Pascoe, clinical professor of Pediatrics and Ambulatory Medicine; and Andrew McGuire, director of the SFGH-based Northern California Burn Council.

Volunteer as a Foster Grandparent

UCSF has a Foster Grandparent Program, sponsored by the Family Service Agency of San Francisco, in which seniors from the community have an opportunity to nurture and care for children patients in Moffitt Hospital.

In order to be eligible for the program, foster grandparents must be at least 60 years of age, at poverty-level income and in reasonable good health. The 11 foster grandparents at UCSF work 5 days a week for 4 hours each day. They earn $1.60 an hour, receive a free meal and their carfare.

Foster grandparents' support to UCSF is invaluable because they can stay with children for hours — reassuring them and going with them to X-ray and other tests. A nurse wouldn't be able to spare the time to do this.

Anyone who wishes to volunteer his or her services can call the Family Service Agency of San Francisco at 474-7310.

Magazines and Books Needed

Contributions of books and magazines are always in demand in the hospitals. The Volunteer Services office supplies the bookmobile that goes to patients, and provides reading material for all of the hospitals' waiting areas and Moffitt and UC Hospital lobbies.

Bookmobile materials go very fast, according to Joyce McGriff, assistant coordinator of Volunteer Services. Donations can be made by calling 666-1196.

Nonprofit Org.
US Postage
PAID
San Francisco, Calif.
Permit No. 8285

Rush–Time dated

Postal Patron Local

UCSF University of California San Francisco
Department of News Services and Publications
Fourth Avenue, San Francisco, CA 94143

TO OUR NEIGHBORS